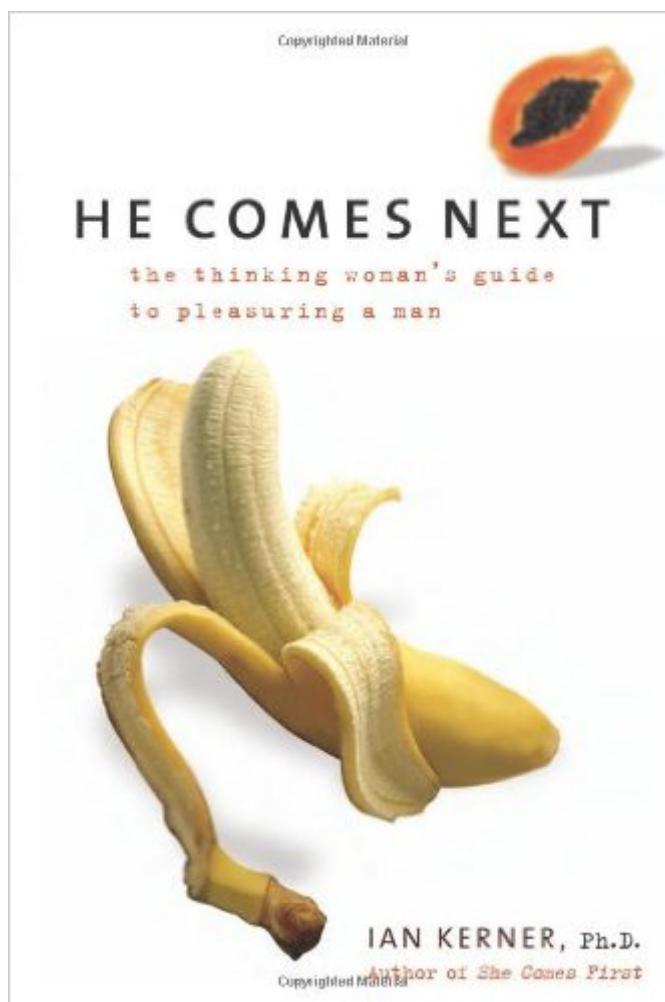


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# He Comes Next: The Thinking Woman's Guide To Pleasuring A Man



## Synopsis

The companion book to Ian Kerner's smash success *She Comes First, He Comes Next* offers women his sometimes radical, always expert advice on everything from the nature of male desire to sex-techniques that work. While women everywhere benefited from Ian Kerner's sexual philosophy of female pleasure in *She Comes First*, now it's time to learn all about what turns men on and makes them stay on. In *He Comes Next*, Kerner covers every angle of male sexuality, illuminates the most common sex-life ruts, and offers practical, knowledgeable answers to women's most frequently asked questions. In his role as a sex therapist, Kerner has spoken with countless men not only about the best sex they ever had, but also perhaps more important about the best sex they never had -- experiences they always desired and fantasized about, but were afraid to share with their partners. In the spirit of "full exposure," *He Comes Next* is the closest you'll ever come to waking up in a guy's skin and knowing what truly makes him sexually tick. Sexual pleasure goes beyond tips and tactics, however. Our sexual identities -- and the expression, gratification, and growth of these identities -- is fundamental to the success of our intimate relationships. With step-by-step and -- yes -- blow-by-blow detail, Kerner provides a clear, concise, achievable vision of sexual pleasure, one in which each technique forwards the action and where the whole is greater than the sum of its parts. Written in the same witty, insightful, and utterly readable voice that has made *She Comes First* and *Be Honest -- You're Not That Into Him Either* so popular, *He Comes Next* is the thinking woman's guide to enjoying sex to the fullest and ensuring that he does the same.

## Book Information

Hardcover: 240 pages

Publisher: William Morrow; First edition (January 10, 2006)

Language: English

ISBN-10: 0060784563

ISBN-13: 978-0060784560

Product Dimensions: 5.5 x 0.8 x 8.2 inches

Shipping Weight: 1.6 pounds

Average Customer Review: 4.2 out of 5 starsÂ  See all reviewsÂ  (168 customer reviews)

Best Sellers Rank: #165,486 in Books (See Top 100 in Books) #24 inÂ  Books > Health, Fitness & Dieting > Men's Health > Sexual Health & Impotence #202 inÂ  Books > Health, Fitness & Dieting > Men's Health > General #323 inÂ  Books > Health, Fitness & Dieting > Sexual Health > General

## Customer Reviews

This wasn't what I was expecting, but turned out to be so much more intense and interesting. If what you're looking for is a bunch of tips there are plenty of other books that will give you that like Lou Paget and the other sexperts. This is really a look inside the male mind and how they approach sex and where their fantasies and fears come from and that great sex is more than knowing how to perform oral sex. It's easy to think from She Comes First that that's what this book is going to be about, but really it's just a small piece of a bigger idea. The book is a little dense in places, but it's also really friendly and I think it's unique to hear a guy talk so openly about what's really going inside a guy's head when it comes to sex.

That's what the author calls himself and his voice is really honest and friendly. I loved this book because it was focused on the male mind and had some really new things to say about the male body. Just when you think you've known everything there is to know about the penis, Kerner gives you some really new things to think about. Most of all he makes you feel really confident and I've already put some of the techniques into action. I also emailed him with a question and he emailed me right back!!!! I guess he really is my friendly neighborhood sex therapist, even though I live in Portland and he lives in New York.

I think of myself as a thinking woman, so the title hooked me. The book is definitely long on male psychology and issues affecting male desire and less focused on techniques. It's nothing like a magazine article. But there's so much great stuff in here, and the thing I love most is that the book is really feminist and inspiring. It's not just focused on giving pleasure, but also on receiving. I would have liked some more techniques personally, but after She Comes First and He Comes NExt, maybe we can look forward to We Come Together.

Not, perfect practice makes perfect. This book is different in thought and approach to his last, She Comes First. This book is primarily written for women, on how to make love and build desire in their man. This book is long on philosophy and a thinking approach, and short on techniques. I think that was intended. To build great sex, it is more a mental game than a physical one, and this book explains to women the mental game of men, so they know how to play. To often, we approach our partner the way we would like to be approached, and will not likely work out for most people. This book arms you for understanding to be the best you, you can be in bed and in the set up before. It is not lacking in technique. The last 3 chapters give you ideas and baselines on how to handled the

different levels of arousal, signs to look for, ways to please. It encourages women to find their inner tigress and take charge, and drive the activites to make love to their partners better. You can sum it up in, keep it open, keep it honest, keep it fresh. Which both says a lot, and nothing. Unless your a Tao master, there is benefit in this book for you.

As a woman known to walk the aisles of bookstores, amused by the endless self-help sex books, I found this book to be utterly refreshing. In my humble opinion, great sex is not found in the pages of the Kama Sutra, in a hundred different sexual positions or in the guidance of former porn stars. But this remarkable book somehow captures the essence of being spectacularly sexual, inherently erotic and madly in love with your partner. I hope that women stop to realize just how important sexuality is to men (and should be to them). If you want to start researching the subject, this book is where you should start. Ian's wife is a LUCKY woman.- Samantha, 43

I got "she comes first" for my husband 3 weeks before I bought this book. She comes first is one of the best book purchases ever. Based on that, I bought this book. It has some good info on the psychological side of a man's sexual needs, and a few tips and techniques for women. It was a little dry, and I felt the focus kept coming back to me, the woman. It is a very nonjudgmental book, and is very reassuring. It does not expect some amazing bedroom act, rather it shows you how your own emotional tendencies are found in him, and how to satisfy them. It is a simple book with simple techniques that are extremely effective. I WOULD RECOMMEND THIS BOOK, AND IT'S EVEN BETTER IF YOU GET "SHE COMES FIRST" WITH IT. My husband has turned into a different person since this book, and I am loving it.

I'd give this book a big O for outstanding. This book goes beyond just serving as a how-to on having great sex, but first and foremost provides a how-to on having a great relationship. (And, believe it or not, the two really are connected.) Continually entertaining, informative, and insightful from cover to cover, this book will likely suck (ok, puns are hard to avoid in writing this review) you in from the start and keep your attention throughout. As the author conveys throughout the book, the secret to having an exciting relationship in the bedroom is to first have an exciting one outside of it.

Definitely lots of great ideas in here about how to please a guy without making you feel like have to do it hanging from the chandeliers. The first part reads super well and is really stimulating, and there are lots of techniques in part 2. But I'm definitely a reader who had a hard time visualizing some of

the routines and I wish there were more precise illustrations. Some things are better not left to the imagination.

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